Week 5 Term 1 2019

**This Weekend -2nd/3rd March – Level 8-10 NSW State Trial 1 - SGAC**

Training - Normal Training (no training for Level 8-10)

Competition

Saturday Session 1 – Level 10 (Jas, Edan) – WU 12pm Comp 1:30pm

Session 2 – Snr Int. (Aph) – WU 3:45pm, Comp 5:15pm

Sunday Session 2 – Level 9 Open (Chailend), Level 8 (Bella, Coco, Soph) – WU 12pm, Comp 1:30pm

Short sleeve leo for Warm up, Long Sleeve leo for comp, comp shirt and tracksuit needed.

**Next Weekend – 9th/10th March**

Normal Training all Squads

**Following Weekend – 16th/17th March**

As per 2nd/3rd March Timetable (TBC)

**Gymnast Achievements**

Recently Jorgie and Chailend headed down to Sydney to attend GNSW 70th Annual Awards Night! The girls were nominated for GNSW Senior and Junior Levels Gymnast of the Year for 2018, with Chailend taking home the award in her category! Well done girls!

We’re also excited to announce that Aphra has been selected into the GNSW High Performance Squad for 2019. Aph will be competing in Senior International (the top division in gymnastics) this year and as part of the Squad she has the opportunity to attend clinics and camps in Sydney and Canberra to work with Australias’s top master coaches. Congratulations on your selection and best wishes with your training and comp season this year.

**Term Fees and Registration**

Just a reminder that GNSW Registration and Insurance Fee is now overdue. If you have not already paid this and filled in your registration form for 2019 can you please do so ASAP. Also a number of gymnasts have outstanding competition and term fees from 2018. Can you please ensure you are up to date with your fees. Thank you.

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| --- | --- | --- | --- | --- | --- |
|  |  | BGA COMPETITION AND EVENTS CALENDAR 2019 | | | |
|  |  |  |  |  |  |
|  | SATURDAY | SUNDAY | Event | Who | Where |
|  | 2-Feb | 3-Feb |  |  |  |
| **T** | 9-Feb | 10-Feb | GNSW Awards / HP Squad Clinic 1 - Snr | Snr | SGAC |
| **E** | 16-Feb | 17-Feb | BGA Invitational Pre Season | L7-10 | BGA |
| **R** | 23-Feb | 24-Feb |  |  |  |
| **M** | **2-Mar** | **3-Mar** | **Level 8-10/Snr Trial 1** | **8-10/Snr** | **SGAC** |
|  | 9-Mar | 10-Mar |  |  |  |
| **O** | 16-Mar | 17-Mar | Level 8-10/Snr Trial 2 | 8-10/Snr | SGAC |
| **N** | 23-Mar | 24-Mar |  |  |  |
| **E** | 30-Mar | 31-Mar |  |  |  |
|  | 6-Apr | 7-Apr | BGA Testing Day | Level 1-6 | BGA |
|  | 13-Apr | 14-Apr | Senior NSW State | 8-10/Snr | SGAC |
|  | 20-Apr | 21-Apr | EASTER |  |  |
|  | 27-Apr | 28-Apr | Border Challenge Trial | Level 7 | SGAC |
| **T** | 4-May | 5-May | NSW State Team Training | State Reps | SGAC |
| **E** | 11-May | 12-May | Mothers Day BGA Invitational | Level 3-7 |  |
| **R** | 18-May | 19-May |  |  |  |
| **M** | 25-May | 26-May | Aus Champs (20/5 - 26/6 TBC) | L8-10/Snr | Melbourne |
|  | 1-Jun | 2-Jun | Winter Wonderland | Level 3-7 | Manly |
| **T** | 8-Jun | 9-Jun |  |  |  |
| **W** | 15-Jun | 16-Jun | Country Capital Cup (14-16) | Level 3-10 | Tamworth |
| **O** | 22-Jun | 23-Jun |  |  |  |
|  | 29-Jun | 30-Jun | BGA Invitational | Level 1-4 | BGA |
|  | 28-Jun | 3-Jul | Border Challenge (TBC) | State Reps | QLD |
|  | 6-Jul | 7-Jul |  |  |  |
|  | 13-Jul | 14-Jul |  |  |  |
| **T** | 20-Jul | 21-Jul | Country Champs/5-7 State Qualifier (17-21) | Level 5-7+TBA | Glendale |
| **E** | 27-Jul | 28-Jul | HP Squad Clinic 2 (3 days 25-31/7) | Snr | SGAC |
| **R** | 3-Aug | 4-Aug | BGA Invitional | L5-10 | BGA |
| **M** | 10-Aug | 11-Aug |  |  |  |
|  | 17-Aug | 18-Aug | Winter State Championships | L5-7 | SGAC |
| **T** | 24-Aug | 25-Aug |  |  |  |
| **H** | 31-Aug | 1-Sep | Father's Day BGA Invitional | L1-4 | BGA |
| **R** | 7-Sep | 8-Sep |  |  |  |
| **E** | 14-Sep | 15-Sep | Auatralian Classic (15-18/9) | Int. Stream | Gold Coast |
| **E** | 21-Sep | 22-Sep | National Cubs Carnival (20-29/9) | TBA | Gold Coast |
|  | 28-Sep | 29-Sep | National Cubs Carnival (20-29/9) | TBA | Gold Coast |
|  | 5-Oct | 6-Oct |  |  |  |
|  | 12-Oct | 13-Oct |  |  |  |
| **T** | 19-Oct | 20-Oct |  |  |  |
| **E** | 26-Oct | 27-Oct |  |  |  |
| **R** | 2-Nov | 3-Nov |  |  |  |
| **M** | 9-Nov | 10-Nov |  |  |  |
|  | 16-Nov | 17-Nov |  |  |  |
| **F** | 23-Nov | 24-Nov | Senior Gymsport/ State Squad Clinic 3 | Snr/L10 |  |
| **O** | 30-Nov | 1-Dec |  |  |  |
| **U** | 7-Dec | 8-Dec |  |  |  |
| **R** | 14-Dec | 15-Dec | Xmas Cup & Display | All |  |
|  | 21-Dec | 22-Dec |  |  |  |
|  | 28-Dec | 29-Dec |  |  |  |
|  |  |  |  |  |  |
| School holidays | | GA Events | BGA Invitationals/events | GNSW Events | Optional events |

**Competition entries**

Please find above the draft competition calendar for 2019. Although some competition dates may be added or amended it will give you some idea of when and where your daughters’ competitions are likely to be held throughout the year. Level 1-7 Invitational competitions will be added in terms 2/3/4 once released by hosting clubs. It is expected that ALL gymnasts in our Competitive Levels program compete in ALL competitions that they are eligible for. We understand and can make exceptions for clashes with family events, overseas trips, exams or injury/medical conditions. In these instances it is essential that you let the administration staff, along with your child’s coach know of your unavailability at least 2 months prior to the competition. Most entries are due and are paid by the club, 6-8 weeks before the competition. Gymnasts who are entered in competitions but fail to compete will still be charged the entry fee. Acute injuries, along with provision of medical certificate can in some cases receive a partial refund.